

Winnsboro City Pool Swim Lesson Registration

Swimmer Name: _____ Age: _____ (minimum 4 years)

Parent/Guardian Name: _____

Address: _____

Phone#: _____

Emergency Contact Name: _____ Phone #: _____

I/My child has taken swim lessons in the past: ___ NO ___ YES

Estimate swimmer's Current Ability by choosing from the following skills:

- ___ Does not currently exhibit any of the skills listed below
- ___ Submerges mouth & nose, floats on back
- ___ Exhibits skills above as well as treads water & can swim for 15 feet
- ___ Exhibits skills above & can jump into deep water, then return to side independently.

Preferred Class HOURS (all one hour long & subject to availability): ___ 9 am ___ 10 am ___ 11am

Personal Release Statement: I understand that the registered activities and services may have an element of hazard or inherent danger. I take full responsibility for my/my child's actions and physical condition. I agree to indemnify and hold the City of Winnsboro and its employees harmless from liability, loss, cost or expense (including attorney's fees, medical and ambulance costs) that may incur while participating in these activities. In case of emergency, I give my permission for emergency medical treatment. This form shall be considered valid until canceled or changed in writing by the undersigned participant/guardian/parent.

*I know of no known conditions which would prohibit or restrict my child/minor from participating in this program.

Swimmer/Guardian Signature: _____

Date: _____

****A responsible adult (18 or older) must be present during lessons for swimmers under 10 years of age.**

* Return this form, copy of Driver license/ID and payment to Winnsboro City Hall (501 S Main St) to complete enrollment.

Payment Total:

(\$75/student for 8 total group lessons)

Payment Received: ___ Ck ___ Cash ___ CC

Receipt #: _____

Received By: _____

Register for Swim Lessons at City Hall (501 S Main)

- \$75/student fee includes 8 Group Lessons
 - Maximum of 10 participants per class
 - Minimum of 5 participants to form each class
- Ages 4 and Older
- 2021 Sessions begin June 1st & are held Tuesday through Friday (2 weeks per session)
- Classes are each 50 minutes (40 teaching, 10 free swim) held at 9, 10, & 11AM
 - Parents will be contacted with time of class once swim level of student is determined
- Refund Policy: After initial registration, refunds must be requested a minimum of 7 days prior to the first lesson. No refunds will be given for classes missed by participants. In the case of more than 1 rain day, additional classes will be rescheduled.
- Students should arrive at City Pool 10 minutes prior to class time & ready to swim

Learn-to-Swim Program (Levels 1-6)

Level 1 — Introduction to Water Skills

- Participants will learn elementary aquatic skills, which they will build upon as they progress through the six Learn-to-Swim levels. Students will begin developing good attitudes about swimming and water safety, good swimming habits, and safe practices in and around the water.

Level 2 — Fundamental Aquatic Skills

- Participants entering Level 2 must have a Level 1 certificate or be able to perform all of the Level 1 exit skills. Participants will learn to float without support and recover to a vertical position. This level marks the beginning of motions that lead to forward movement in the water. Students will continue to explore simultaneous and alternating arm and leg motions.

Level 3 — Stroke Development

- Students entering Level 3 must have a Level 2 certificate or be able to perform all the Level 2 exit skills. New strokes such as the elementary backstroke and the front crawl will be introduced along with the scissor kick, dolphin kick, the fundamentals of treading water, and basic diving.

Level 4 — Stroke Development

- Students entering Level 4 must have a Level 3 certificate or be able to perform all the Level 3 exit skills. Participants will improve skills and increase endurance by swimming familiar strokes for greater distance.

Level 5 — Stroke Refinement

- Participants entering Level 5 must have a Level 4 certificate or be able to perform all the Level 4 exit skills. Participants will continue to coordinate and refine their performance of all strokes and increase their distances.

Level 6 — Swimming and Skill Proficiency

- Participants entering Level 6 must have a Level 5 certificate or be able to perform all the Level 5 exit skills. Level 6 is designed with “menu” options — Fundamentals of Diving, Fitness Swimmer, and Personal Water Safety. These options focus on preparing participants for more advanced courses, such as Lifeguarding, competitive swimming, or competitive diving.